REVISION TIPS

During these uncertain times, assessments can make you feel even more stressed. It might take some time to adjust to these new ways of studying, so please be patient and kind to yourself.

Your Academic Skills
team team has put
together some tips/
resources that might
help you to get started
with studying
independently and at a
distance.

MANAGING YOUR TIME - Under these new circumstances, it might be more difficult to find time to study. These resources aim to give you some guidance and structure, but the important thing is to be flexible and adapt to the new situation. If you don't manage to achieve a task when you had planned to, don't worry-move it around to a time that works. Click on the links below for the resource and instructions.

- Break your days into three sections using this weekly planner. Plan to use two of the three sections for study, and leave one section for free time and doing something that you enjoy.
- Use this <u>priority chart</u> to prioritise your time.
- Fill your weekly tasks onto this <u>grid</u> to establish what is important and urgent.
- Look at the guidance for <u>making tasks</u> <u>manageable</u> and use the table to plan the stages of your assignments. .

EFFECTIVE NOTE TAKING - Below are some resources to help your stay focussed when taking notes so that you can make the most of your time.

- Make notes <u>here</u> when reading books and articles to help you get an overview of the source.
- Use this <u>framework</u> for a more in-depth reading to help you with critical analysis.
- Compare articles and look for themes by using this <u>chart</u>.
- Try using the <u>Cornell method</u> to maintain focus when listening to lectures.