

**Motion title: Increasing Participation in Sport through Student Groups**

**Proposer: Nazia Bharde (VP Activities & Development)**

**Seconder: Ed Armitage (Sports Officer)**

**This Union notes:**

1. City, University of London has a very diverse student population and according to Sport England Black and Asian Ethnic Minorities are less likely to participate in sport (i).
2. That affiliated student groups, including societies, student media and RAG are not currently insured to participate in sport that takes place off campus.
3. A number of affiliated student groups have contacted the Vice President Activities and Development and would like to run their own sports events for their members.
4. Exercise positively impacts on an individual's mental health (ii)
5. That not all affiliate student groups would be able to fund the relevant insurance to participate in sport.

**This Union believes:**

1. That by supporting students already engaged in affiliated student groups the Union would be positively supporting students to be more active and have an improved mental health.
2. That by affiliated student groups being more active in sport, this would positively impact on the number of Black and Asian Ethnic Minorities participating in sport.

**This Union Resolves:**

1. To lobby City, University of London to ensure that their insurance incorporates all Union affiliated student groups so they are able to participate in sport, or to provide the additional funding to the Union to separately insure these groups.

**UPDATE: Students' Union has organised an Alumni Rugby Tournament with the Sports' Officer.**

**UPDATE: The Union is currently looking into an insurance provider to cover sports activities.**

- i. <https://www.sportengland.org/media/4413/he-sport-survey-national-summary-year-3.pdf>
- ii. <https://www.mentalhealth.org.uk/publications/how-to-using>